


Gymnaste 2

5<sup>ème</sup>


Degré-2024

Correction




Pivot 1 Tr

1,00




Rondade Flip salto AR

2,00




Choré. 8 + 8 tps




Changgt de jambes

0,50




Choré.




ATR valse 360°

1,00




Choré. 8tps




Grand écart antéro.


0,50



Choré. 8 + 8 tps




Choré. 4 tps




Saut cabriole +1/2 Tr + saut écart antéro.

0,50 + 0,50




Salto AV Gr

2,00




Choré. 8 tps

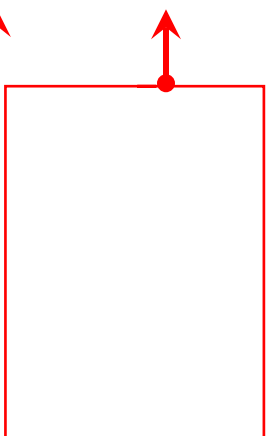


Souplesse AR

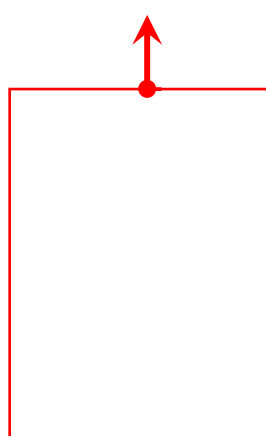
2,00



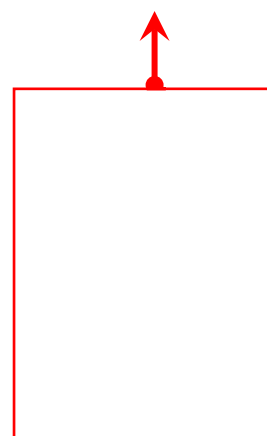
Grand pas = 0,30 pt

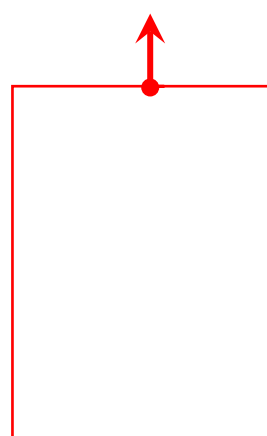


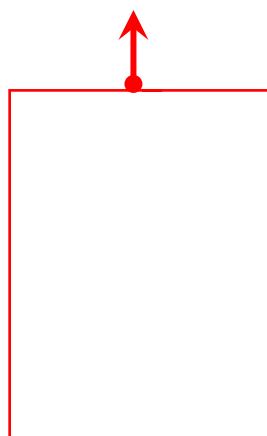
Jambes fléchies = 0,10 pt



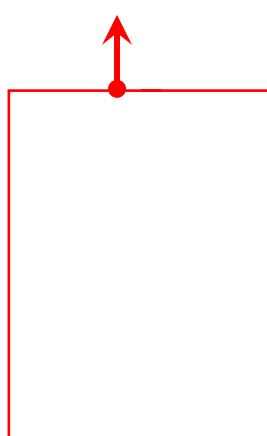
Rotation anticipée = 0,30 pt



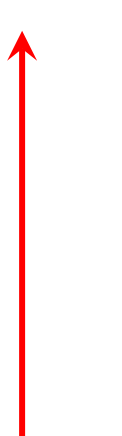





Pas = 0,10 pt



Jambes fléchies = 0,10 pt



	Valeur degré	Élément non comptabilisé	NOTE D	Valeur exécution	Fautes exécution	NOTE E	Note finale
	10,00	0,00	10,00	10,00	0,90	9,10	19,10

